**Counseling Services**

Ambience Counseling 345-4067

Christian Counseling Services 345-4880

Cora Berry 345-1429

Growth & Enrichment Counseling 345-2932

Heartland Counseling

McCook 345-2770

Imperial 882-4203

North Platte 534-6029

Lexington 324-6754

Unified Therapy Clinic 345-4884

**Abuse/Assault**

Abuse/Neglect Hotline (All Ages) 800-652-1999

McCook Domestic Abuse/Sexual Assault Services

Office 345-1612

Crisis Line 345-5534

Prevent Child Abuse Nebraska 402-476-7226

Nebraska Family Help Line 888-866-8660

**Aging**

AARP 866-389-5651

Assistive Technology Project 888-806-6287

Health and Human Services See HHS Section

Nebr. West Central Agency on Aging 800-662-2961

Senior Citizen Centers

Arapahoe 962-5340 Eustis 468-3471

Beaver City 268-2501 McCook 345-1760

Dundy County 423-5454 Curtis 367-4173

Hayes Center 286-3233

Stratton 276-2661

Cambridge 697-4889

YMCA 345-6228

**Community Service Groups**

Contact local city office

**AIDS**

AIDS Hotline 800-782-2437

National Hepatitis Hotline 800-435-7443

National Sexually Trans. Diseases Hotline 800-227-8922

**Alcohol/Drugs**

Alcohol & Drug Abuse 24 hr Hotline 877-479-9777

Alcoholics Anonymous, Ala-teen, & Al Anon Time/Place

in Gazette (Community Calendar)

Boys & Girls Town 800-448-3000

Heartland Counseling 345-2770

Lifeline Recovery Services 344-8356

M.A.D.D. (Mothers against Drunk Drivers) 402-434-5330

National Institute of Drug Abuse 800-662-4357

S.A.D.D. (Students against Drinking and Drugs)

877-723-3462

**Children/Youth**

ABC Pregnancy Help Center 350-0126

CASA (Court Appointed Special Advocate) 340-6832

Early Development Network 345-7597

Family Resource Center 345-2609

Foster Care Program 800-772-7368

Girl Scouts 402-558-8189

Boy Scouts 382-3717

Juvenile Pretrial Diversion Program (see Co Attorney)

Child Passenger Inspection Station 344-2650

National Runaway Safe line 800-786-2929

Nebraska Family Helpline 888-866-8660

Planning Region Team 15 345-7597

Region II Human Services 345-2770

(Youth Care Coordinator)

Team Mates Mentoring Program 344-4532

UNL Ext. 4-H Youth Program 345-3390

YMCA 345-6228

**City Offices**

Arapahoe 962-7445 Hayes Center 286-3411

Bartley 692-3222 Indianola 345-2413

Beaver City 268-2145 Lebanon 375-4288

Benkelman 423-2540 Maywood 362-4299

Cambridge 697-3711 McCook 345-2022

Culbertson 278-2123 Palisade 285-3320

Curtis 367-4122 Trenton 364-5488

Eustis 486-3661 Wauneta 394-5390

Imperial 882-4368

**Clothing**

Community Action Partnership Mid-Nebraska 345-1187

Family Resource Center 345-2609

Sharing Place/McCook Christian Church 345-1516

Helping Hand Thrift Store 202 West 1st

Bargain Bazaar 215 West C

Goodwill Store Westview Plaza

**Food**

Commodity Foods 345-1187

Feeding HIS Flock (Thursday night) 345-2445

Home Delivered Meals 345-1760

Pantries

McCook 345-4844

Hitchcock County (Culbertson) 278-2123

Arapahoe 962-7296

Cambridge 697-3756

Oxford 824-3652

Western Frontier Country (Curtis) 367-8781

Dundy County (Benkelman) 423-2393

Chase County (Imperial) 882-5136

WIC-North Platte (West) 800-395-7336

WIC-Kearney (East) 877-803-1712

**Employment**

NE Workforce Development 345-8470

Vocational Rehab Services 535-8100

Goodwill 362-7030

Proteus Inc 532-4699

# County Attorney

Chase 882-7515

Dundy 423-5225

Frontier 367-4141

Furnas 268-4135

Hayes 286-3486

Hitchcock 334-5616

Red Willow 345-7905

**Housing (contact local city offices)**

McCook Housing Agency 345-3605

USDA Rural Development 534-2360

West Central NE Dev. Dist. (Ogallala) 284-6077

**Health and Disabled**

ABC Pregnancy Help Center 350-0126

American Cancer Society 345-6274 or 800-642-8116

Community Health Care and Hospice 344-8356

Early Intervention Services 345-7597

Every Woman Matters (Ext. 134) 877-209-3723

Goodwill 362-7030

“Heartland” Day Rehab/Community Support 345-2770

Hospice 344-8356

Hotline for Disabilities 800-742-7594

League of Human Dignity 532-4911

Nebraska Children’s Home Society 534-3250

NE Comm for Deaf & Hard of Hearing 800-545-6244

NE Assistive Technology 877-713-4002

Patient Assistance Program 345-2609

People’s Family Health 345-3626

Red Willow County Health Dept. 345-1790

Respite Across the Lifespan 345-4990

Shriners Hospital 800-237-5055

SOAR 865-5675

Southwest Area Training Services (SWATS) 345-1530

Southwest Nebraska Public Health Dept. 345-4223

**Law Enforcement (Non-Emergency** )

McCook Police Department 345-3450

McCook Probation Office District 11 345-4070

Nebraska State Patrol 535-8047

**County Sheriff Office**

Chase 882-4748 Hayes 286-3364

Dundy 423-2393 Hitchcock 334-5444

Frontier 367-4411 Furnas 268-2245

Red Willow 345-1850

**Other**

McCook Humane Society 345-2372

Homeless – The Connection, North Platte 532-5050

Social Security, N. Platte 833-329-5527

UNL Extension Offices

Chase 882-4731 Hayes 286-3312

Dundy 423-2021 Hitchcock 334-5666

Frontier 367-4424 Furnas 268-3105

Red Willow 345-3390 Benkelman 423-2021

**Support Groups**

Diabetic (McCook Hospital) 344-8539

Time to Heal (Cancer) 334-8221

Grief Support 344-8221

Planning Region Team 15 (kids disabilities) 345-2595

**Emergency Services**

Community Action Partnership Mid-Nebraska 345-1187

Catholic Social Services (Imperial) 882-3065

Poison Control Center 800-222-1222

Salvation Army 345-1187

Suicide Prevention Lifeline 800-273-8255

**Legal**

Child Support Enforcement 877-631-9973

Legal Aid of Nebraska 877-250-2016

**Transportation**

Cambridge Handibus 697-4422

Hitch –n- Hay 276-2182

McCook Handibus 345-6098

Prince of the Road 888-452-3194

Chase County Transit. 882-5130

Medicaid ( Call Your Medicaid Provider}

**Schools/Education**

Arapahoe-Holbrook 962-5458

Cambridge 697-3322

Chase County

High School 882-4304

Elementary 882-4228

Dundy County-Stratton

High School 423-2738

Benkelman Elementary 423-2216

Haigler Elementary 297-3275

Stratton Elementary 276-2281

Eustis Farnam 486-3221

Hayes Center 286-5601

Hitchcock County Unified

Elementary (Culberson) 278-2131

Jr. /Sr. High (Trenton) 334-5575

Medicine Valley-Curtis

High School 367-4106

Elementary 367-4210

Maywood 362-4223

McCook Public Schools 344-4400

St. Patrick’s 345-4546

Southwest School

SW Elem. - Indianola 364-2613

SW Jr/Sr High - Bartley 692-3223

Wauneta-Palisade

Wauneta 394-5427

Palisade 285-3219

Adult Education / GED 345-8142 or 877-327-6433

English as a Second Language (ESL) 345-8142

ESU #11 995-6585

ESU# 15 Main Office Trenton 800 -322-5160

ESU#15 Special Education 345-7341

ESU#15 Alternative Education 345-7341

ESU #15 Migrant Education 345-7341

Head Start Frontier County 345-5846

Furnas County 697-3578 Red Willow County 345-2246

McCook Community College 345-8100 or 800-658-4348

Nebraska College of Technical Agriculture 367-4124

or 800-328-7847



**Southwest NE Resource**

**Directory**

***Resource Hotline-211***

***Police, Fire, Rescue, Sheriff-911***

**ALL NUMBERS ARE IN THE 308 AREA**

**CODE UNLESS OTHERWISE NOTED**

**Health and Human Service**

**Adult & Child Abuse Hotline 800-652-1999**

**McCook 800-778-1612**

**Economic Assistance 800-383-4278**

**Medicaid 855-632-7633**

**Medical Clinics**

Curtis Clinic 367-4162

Heartland Family Medicine (Oxford) 824-3288

Chase County Clinic-Imperial 882-7299

McCook Clinic 344-4110

Quality Health Care – Benkelman 423-2151

Quality Urgent Care - McCook 345-7036

Stratton Clinic 276-2411

Trenton Regional Medical Clinic 334-5155

Tri Valley Health Systems Clinic

Arapahoe Clinic 962-8495

Cambridge Clinic 697-3317

Indianola Clinic 364-9290

Wauneta Family Practice Clinic 394-5593

**Hospitals**

Tri Valley Health Systems (Cambridge) 697-3329

Chase County Hospital-Imperial 882-7111

McCook Community Hospital 344-2650

Dundy County Hospital 423-2204

**Medicaid Insurance Providers**

Total Care 844-385-2192

United Health Care 800-641-1902

Well Care 855-599-3811

This Directory is provided by the ***Southwest Nebraska Child Advocacy Team.***

The ***Southwest Nebraska Child Advocacy* *Team*** is a networking/interagency group that has been meeting monthly for more than 40 years. The group is open to anyone interested in the well being of children and families in our area.

***The Southwest Nebraska Child Advocacy Team***

is committed to addressing the unmet basic needs of children and families in our area by networking, collaborating and resource development. In addition to providing this **Resource Directory,** the group has been the catalyst for a number of projects/programs. These include: Head Start, MPS School Breakfast Program, Alternative Education (LIFT), ESL classes, Family Resource Center, Team Mates, parenting workshops, local Child Abuse Prevention/Awareness activities and many others.

To get more information about the ***Southwest*** *Nebraska Child Advocacy Team* please contact Kathy Haas at 345-2609.

2020 update